



Positivity®

THEME DESCRIPTION

You are generous with praise, quick to smile and always on the lookout for the positive in the situation. Some call you lighthearted. Others just wish that their glass were as full as yours seems to be. But either way, people want to be around you. Their world looks better around you because your enthusiasm is contagious. Lacking your energy and optimism, some find their world drab with repetition or, worse, heavy with pressure. You seem to find a way to lighten their spirit. You inject drama into every project. You celebrate every achievement. You find ways to make everything more exciting and more vital. Some cynics may reject your energy, but you are rarely dragged down. Your Positivity won't allow it. Somehow you can't quite escape your conviction that it is good to be alive, that work can be fun and that no matter what the setbacks, one must never lose one's sense of humor.

POWER AND EDGE

There is power in Positivity. People with dominant Positivity talents have an infectious energy and enthusiasm. Simply stated, everyone feels better about life when they are around.

POSITIVITY IN ACTION

Words that might describe a person with dominant Positivity talents:

fun
 optimistic
 hopeful
 generous
 giddy
 happy
 enthusiastic
 energetic
 joyful
 influential
 dramatic
 lighthearted
 positive-minded

ACTION ITEMS

- You tend to be more enthusiastic and energetic than most people. When others become discouraged or are reluctant to take risks, your attitude will provide the impetus to keep them moving.
- Deliberately help others see the things that are going well for them. You can keep their eyes on the positive.
- Because people will rely on you to help them rise above their daily frustrations, arm yourself with good stories, jokes and sayings. Never underestimate the effect that you can have on people. When you sense discouragement in your colleagues, try to lift or lighten their moods.
- Encouraging people could be one of your greatest joys. Commit yourself to becoming increasingly liberal with your genuine praise of the people you work with. Try to tailor it to each person's needs. When you remind others of the positives you see, they are rewarded and encouraged, and so are you.
- Create team events in which you celebrate the successes of your colleagues and team. For example, find ways to turn small achievements into "events," plan regular "celebrations" that others can look forward to, or capitalize on the year's holidays and festivals.
- Avoid negative people. They will bring you down. Instead, seek people who find in the world the same kind of drama and humor that you do. You will energize each other.