

2023 CalPERS MEDICAL PLANS - COBRA RATES

	Subscriber Only	Subscriber + 1	Subscriber + 2 or more
Region 1 - Refer to www.calpers.ca.gov			
Anthem Blue Cross Del Norte EPO	\$ 1,224.12	\$ 2,448.24	\$ 3,182.72
Anthem Blue Cross Select HMO	\$ 1,151.41	\$ 2,302.81	\$ 2,993.66
Anthem Blue Cross Traditional HMO	\$ 1,234.92	\$ 2,469.85	\$ 3,210.81
Blue Shield Access + HMO	\$ 1,055.91	\$ 2,111.83	\$ 2,745.38
Blue Shield Access + EPO	\$ 1,055.91	\$ 2,111.83	\$ 2,745.38
Blue Shield Trio HMO*	\$ 906.72	\$ 1,813.44	\$ 2,357.46
Health Net SmartCare	\$ 1,197.99	\$ 2,395.98	\$ 3,114.77
Kaiser Permanente	\$ 932.01	\$ 1,864.03	\$ 2,423.23
Peace Officers Research Assoc. of CA (PORAC)	\$ 841.50	\$ 1,912.50	\$ 2,346.00
PERS Gold	\$ 842.12	\$ 1,684.24	\$ 2,189.52
PERS Platinum	\$ 1,224.12	\$ 2,448.24	\$ 3,182.72
UnitedHealthCare SignatureValueAlliance	\$ 1,064.95	\$ 2,129.90	\$ 2,768.87
Western Health Advantage HMO	\$ 775.37	\$ 1,550.75	\$ 2,015.97
*Only available in El Dorado, Nevada, Placer, Sacramento & Yolo.			
Region 2 - Fresno, Imperial, Inyo, Kern, Kings, Madera, Orange, San Diego, San Luis Obispo, Santa Barbara, Tulare, & Ventura			
Anthem Blue Cross Select HMO	\$ 780.68	\$ 1,561.35	\$ 2,029.76
Anthem Blue Cross Traditional HMO	\$ 953.82	\$ 1,907.64	\$ 2,479.94
Blue Shield Access + HMO	\$ 859.46	\$ 1,718.92	\$ 2,234.61
Blue Shield Access + EPO	\$ 859.46	\$ 1,718.92	\$ 2,234.61
Blue Shield Trio HMO*	\$ 775.92	\$ 1,551.85	\$ 2,017.41
Health Net Salud y Mas	\$ 712.89	\$ 1,425.78	\$ 1,853.51
Health Net SmartCare	\$ 851.34	\$ 1,702.69	\$ 2,213.49
Kaiser Permanente	\$ 771.33	\$ 1,542.67	\$ 2,005.47
Peace Officers Research Assoc. of CA (PORAC)	\$ 836.40	\$ 1,683.00	\$ 2,142.00
PERS Gold	\$ 709.85	\$ 1,419.70	\$ 1,845.61
PERS Platinum	\$ 1,035.10	\$ 2,070.19	\$ 2,691.25
Sharp Performance Plus	\$ 780.26	\$ 1,560.52	\$ 2,028.68
UnitedHealthCare SignatureValue Alliance	\$ 809.50	\$ 1,619.01	\$ 2,104.71
UnitedHealthCare SignatureValue Harmony	\$ 797.21	\$ 1,594.42	\$ 2,072.75
*Only available in San Luis Obispo, Santa Barbara & Ventura			
Region 3 - Los Angeles, Riverside & San Bernardino			
Anthem Blue Cross Select HMO	\$ 752.67	\$ 1,505.34	\$ 1,956.94
Anthem Blue Cross Traditional HMO	\$ 961.58	\$ 1,923.17	\$ 2,500.12
Blue Shield Access + HMO	\$ 753.06	\$ 1,506.11	\$ 1,957.94
Blue Shield Trio HMO*	\$ 674.72	\$ 1,349.44	\$ 1,754.27
Health Net Salud y Mas	\$ 618.47	\$ 1,236.93	\$ 1,608.01
Health Net SmartCare	\$ 770.40	\$ 1,540.79	\$ 2,003.03
Kaiser Permanente	\$ 769.73	\$ 1,539.47	\$ 2,001.30
Peace Officers Research Assoc. of CA (PORAC)	\$ 836.40	\$ 1,632.00	\$ 2,142.00
PERS Gold	\$ 693.98	\$ 1,387.95	\$ 1,804.34
PERS Platinum	\$ 1,012.44	\$ 2,024.88	\$ 2,632.34
UnitedHealthCare SignatureValue Alliance	\$ 806.27	\$ 1,612.54	\$ 2,096.30
UnitedHealthCare SignatureValue Harmony	\$ 727.82	\$ 1,455.64	\$ 1,892.33
*Only available in Los Angeles			
Out of State			
Kaiser Permanente*	\$ 1,178.54	\$ 2,357.08	\$ 3,064.20
Peace Officers Research Assoc. of CA (PORAC)	\$ 953.70	\$ 1,936.98	\$ 2,295.00
PERS Platinum	\$ 1,023.98	\$ 2,047.96	\$ 2,662.34
*These premiums cover all Kaiser out-of-state areas			
Dental Plans			
Local Advantage Plus	\$ 32.91	\$ 62.73	\$ 93.33
Local Advantage Blythe	\$ 21.40	\$ 32.66	\$ 51.37
Delta Dental PPO	\$ 45.90	\$ 79.56	\$ 117.30
DeltaCare USA DHMO - High-Option Plan (10A)	\$ 22.05	\$ 33.63	\$ 52.90
Vision Plans			
Vision Service Plan	\$ 14.59	\$ 14.59	\$ 14.59
EyeMed Plan 1 - (w/Eye Exam & Eyewear)	\$ 8.73	\$ 13.18	\$ 17.83
EyeMed Plan 2 - (w/Eyewear Only)	\$ 7.36	\$ 11.73	\$ 16.20

***All rates include 2% COBRA Administration fee. Please note some carriers may not charge the 2% Administrative fee. Please contact carrier directly to verify cost before sending your initial payment.

Provider Contact Information:

PERS Gold & PERS Platinum

(877) 737-7776
www.calpers.ca.gov

PORAC

(800) 655-6397
www.porac.org

SHARP

(855) 995-5004

www.SharpHealthPlan.com/CalPERS

DeltaCare USA (HMO)

(800) 422-4234
www.deltadentalins.com/rivco

Local Advantage Blythe - Local Advantage Plus

(888) 331-5301
www.benefits.rc-hr.com

Blue Shield of California

(800) 334-5847
www.blueshieldca.com

Kaiser Permanente

(800) 464-4000
www.kaiserpermanente.org

UnitedHealthCare

(877) 359-3714
<http://calpers.welcometouhc.com/>

Delta Dental (PPO)

(800) 765-6003
deltadentalins.com/rivco

Exclusive Care

(800) 962-1133
www.exclusivecare.com

Anthem Blue Cross

(855) 839-4524
<http://www.anthem.com/ca/calpersshmo/>

Vision Service Plan

(800) 877-7195
www.vsp.com

EyeMed Vision

(866) 939-3633
www.eyemed.com