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Choose Your 2022 County of Riverside Retiree Benefit Options



# **Table of Contents**

YOUR COUNTY OF RIVERSIDE BENEFITS	. 3
ENROLLING IN YOUR BENEFITS	. 4
Making Your Annual Enrollment Decisions	. 4
ELIGIBILITY FOR COVERAGE	. 5
Retiree Eligibility	. 5
Dependent Eligibility	. 6
Required Proof of Eligibility	. 7
YOUR HEALTH CARE OPTIONS	. 8
Exclusive Provider Organization (EPO) Plan	. 8
DENTAL PLANS	10
Plan Comparison Charts	12
VISION PLAN	14
Medical Eye Services (MES) Vision	14
MES Vision Plan Benefits	15
COST OF COVERAGE	16
CONTACT INFORMATION	19

# **Your County of Riverside Benefits**

The County of Riverside is proud of the benefits package it makes available to retirees. We have an impressive array of benefits from which you can choose, and we encourage you to be well informed so you take full advantage of the County's plans and programs.

This enrollment guide is designed to help you research your options and provide the necessary information for you to make informed decisions. We encourage you to review it thoroughly and think carefully about your personal benefit needs before you enroll.



# **Enrolling in Your Benefits**

If you're enrolled in a CalPERS medical plan when you stop working and your retirement date is within 30 days of your separation, your coverage will continue into retirement without a break.

If you don't want your health insurance to continue into retirement, you can cancel coverage by:

- Submitting a Health Benefits Plan Enrollment Form to Human Resources while you are still in active status;
- Declining CalPERS health coverage on your CalPERS retirement application; or
- Writing or calling CalPERS to cancel health coverage if you are in retired status.

If you're waiving medical coverage or enrolled in the Exclusive Care medical plan when you stop working, you may elect to enroll in CalPERS health coverage at retirement by contacting CalPERS within 60 days of your retirement date or at the next Open Enrollment.

If you wait more than 120 days after you separate from County employment to retire with CalPERS, you will not be eligible for health coverage.

If you are electing an Exclusive Care medical plan or enrolling in a County-sponsored dental or vision plan, complete the 2022 *Retiree Benefit Election Form* and return it to the County of Riverside Benefits Division. When enrolling in a CalPERS medical plan, complete the *CalPERS HBD-30 Form* and submit your election directly to CalPERS.

Remember to keep a copy for your records. If you are enrolling a spouse, registered domestic partner or dependent children, you will need to enroll your dependent(s) on the form AND provide supporting documentation such as marriage or birth certificate. You must submit your documentation with the *Election Form*.

#### MAKING YOUR ENROLLMENT DECISIONS

This enrollment guide provides basic information about your County-sponsored benefit options, including resources that you may need to evaluate your options.

Use this guide to learn more about the benefit options available to you. If you have questions, be sure to get them answered before you select benefits and complete your elections.

Forms are available from your department representative or online at <a href="http://benefits.rc-hr.com">http://benefits.rc-hr.com</a> or from the Benefits Information Line at (951) 955-4981, Select Option 1.

#### **IMPORTANT NOTE**

The CalPERS medical plans are not described in this guide. If you're eligible for CalPERS plans, visit *www.calpers.ca.gov* for more information. Resources available online include:

- Health Program Guide
- Health Benefit Summary
- Health Plan Search by ZIP Code, Evidence of Coverage, Provider Search

The County's Exclusive Care plan is described in the Summary Plan Description that's available at www.exclusivecare.com.

# **Eligibility for Coverage**

#### RETIREE ELIGIBILITY

To be eligible for enrollment, all of the following conditions must be met:

- You must have been eligible for health coverage on the date of separation from the County of Riverside;
- You must retire within 120 days from the date you separate from employment with the County of Riverside; and
- You must receive a monthly retirement allowance from CalPERS.

An eligible retiree may elect health coverage:

- At the time of separation for retirement;
- Any time after retirement as a result of a qualifying life event; or
- During any future Open Enrollment period.

The surviving dependent of a retiree may also be eligible.

The Public Employees' Medical & Hospital Care Act (PEMHCA) governs the CalPERS Health Program. If there is any discrepancy between this guide and PEMHCA, PEMHCA will govern.

#### MEDICAL, DENTAL AND VISION COVERAGE

As an eligible retiree, you may enroll yourself and all eligible family members in a health plan within 60 days of your retirement date. Retirees may choose from the County's Exclusive Care medical plans or a CalPERS medical plan.

**CalPERS medical plans.** All retirees who meet the general eligibility criteria can enroll in a medical plan administered directly through CalPERS.

If you are enrolled in a CalPERS health plan, your coverage will continue into retirement if your separation date from employment and retirement date are within 30 days of each other.



#### **ELIGIBILITY FOR COVERAGE**

County medical plan. All retirees who meet the general eligibility criteria can enroll in the County's Exclusive Care plan. Even if you choose not to enroll in the medical plan at the time you retire, you can enroll during any future Open Enrollment period or due to other qualifying events.

**County dental plans.** All retirees who meet the general eligibility criteria can enroll in the dental plan. Even if you choose not to enroll in the dental plan at the time you retire, you can enroll at any subsequent annual enrollment period.

**County vision plan.** All retirees who meet the general eligibility criteria can enroll in the vision plan. Even if you choose not to enroll in the vision plan at the time you retire, you can enroll at any subsequent annual enrollment period. Before enrolling in the vision plan, it's a good idea to see what kind of vision benefits your medical plan covers, to avoid duplication of benefits.

# DEPENDENT ELIGIBILITY FOR THE COUNTY EXCLUSIVE CARE MEDICAL PLAN AND COUNTY DENTAL AND VISION PLANS

You can enroll your eligible dependents in your Exclusive Care medical plan or dental and vision coverage. Eligible dependents include your:

- Legal spouse
- Registered domestic partner
- Children. Your child must be under age 26.
   Eligible children include your or your spouse's/ registered domestic partner's:
  - » Natural child
  - » Stepchild
  - » Adopted child who is adopted by you or placed in your physical custody for adoption prior to age 18
  - » Disabled child over age 26 (who, except for age, meets the above eligibility requirements), if he or she is incapable of self-support because of a mental or physical disability that existed before age 26 (and continuously since age 26). The child must be dependent on you or your spouse/registered domestic partner for support and claimed as your dependent for federal income tax purposes. Coverage for a disabled child beyond age 26 is limited. Please be sure to explore your options and the requirements before your enrolled dependent reaches age 26.

#### REQUIRED PROOF OF ELIGIBILITY

You will need to provide proof of eligibility the first time you request that a dependent be added to your Exclusive Care medical and/or dental or vision plan (and periodically to comply with a benefits audit process). Once you have completed your Retiree Benefit Election Form, submit all of the necessary documentation to the County of Riverside Benefits Division. You must submit the documentation with your enrollment form. Please remember to keep a copy of all documentation for your records.

#### **LEGAL SPOUSE**

A copy of your certificate of marriage and your spouse's Social Security number must be submitted at the time your spouse is enrolled.

#### **DOMESTIC PARTNER**

You must provide a copy of the *Declaration* of *Domestic Partnership* registered with the Secretary of State and your partner's Social Security number.

#### **CHILDREN**

For a natural child or stepchild, provide a copy of the child's birth certificate. For an adopted child or a child for whom you have legal custody or guardianship, you must provide a copy of the child's birth certificate *and* a copy of the judgment or decree. You must also provide the child's Social Security number.

#### DISABLED CHILDREN (AGE 26 OR OVER)

The CalPERS health benefit program has specific rules and requirements regarding coverage for disabled dependents over the age of 26. You must follow these rules and requirements to protect your dependents' eligibility for coverage. Please refer to the CalPERS Health Program Guide for guidance, and contact CalPERS if you have questions.

You must submit a copy of your most recent federal income tax return indicating that the child is a qualified tax dependent, provide the child's Social Security number, and complete a Member Questionnaire for the Disabled Dependent Form and a Medical Report Form. These forms must be received within 60 days of your initial enrollment or the child's 26th birthday. The forms must be approved by the insurance carrier upon enrollment and updated upon request.



# **Your Health Care Options**

The County offers the Exclusive Care medical plan and the County dental and vision plan options, in addition to the plans offered through the CalPERS health program.

# EXCLUSIVE PROVIDER ORGANIZATION (EPO) PLAN

Exclusive Care is the County of Riverside's self-administered EPO plan.

The Exclusive Care EPO is available to all early retirees and eligible dependents who live or work in the plan's local service area. Exclusive Care's local service area includes all of Riverside County, as well as areas immediately adjacent to Riverside County whose zip codes are within 30 miles of the Riverside County border. Eligible dependents who do not reside with you and live outside of the Exclusive Care service area can receive benefits under Exclusive Care's out-of-area indemnity plan feature.

For more information or to review the provider directory, visit Exclusive Care at <a href="https://www.exclusivecare.com">www.exclusivecare.com</a> or contact Exclusive Care Member Services at (800) 962-1133. You can also learn more about Exclusive Care by contacting the Benefits Information Line at (951) 955-4981.

The County of Riverside contracts with the CalPERS health program to provide retirees with access to a variety of PPO, HMO and Medicare medical plan options in addition to the County's own Exclusive Care plans. CalPERS health program options are described in the Health Benefit Summary (HBD110) and Health Program Guide (HBD120) available at www.calpers.ca.gov.



## **Dental Plans**

Dental coverage is an important part of your County of Riverside benefits package and is key to your overall health. The County is pleased to offer you a choice of plans, providers and coverage options. Key features and benefits of the plans are listed on the comparison chart on page 12.

#### **DELTACARE USA HMO DENTAL PLAN**

The dental HMO plan operates similarly to a medical HMO plan. Dental care is provided through a network of private-practice dental offices. DeltaCare USA HMO coverage is available in California, Arizona, Florida, Nevada, New Mexico, Oregon, Texas, Utah and Wyoming.

When you enroll in this plan, you will select a primary care dentist for yourself and each of your dependents. Your dental office will coordinate all of your dental services. To receive benefits, services must be obtained through your chosen dental provider unless the plan has authorized services elsewhere. Once enrolled, you can change your primary dental provider by contacting the plan's Member Services department.

#### LOCAL ADVANTAGE PLUS EPO DENTAL PLAN

The Local Advantage Plus plan pays a percentage of benefits based on the type of service provided. Your dental care is provided through a network of private-practice dentists and dental groups.

When you enroll in Local Advantage Plus, you and your dependents are free to choose any of the Local Advantage network providers each time you seek dental care. To receive benefits, your dental services must be obtained through your chosen dental provider unless the plan has authorized services elsewhere.

#### **DELTA DENTAL PPO DENTAL PLAN**

Under the PPO plan, you are free to go to any licensed dentist you choose—but if you go to a dentist who is a member of Delta Dental's PPO network, you will receive a higher level of benefits and reduce your out-of-pocket costs. Also, there are no claim forms to fill out when you go to a Delta Dental dentist.



Whenever you need dental care, you have three options:

**Delta Dental PPO Dentists.** This provider option offers the best value for dental care. PPO dentists are a select group of dentists within the Delta Dental network, and they have agreed to charge PPO plan members significantly reduced rates.

**Delta Premier Dentists.** If you go out of network but see a Delta Premier dentist, your out-of-pocket costs will be higher than if you see a PPO dentist. Delta Premier dentists have reduced their fees and will not bill you above their contracted fees with Delta Dental. If you see a Premier dentist, you will have to pay the difference between the PPO fee and the Premier fee. But Premier dentists cannot charge you more than Delta Dental's contracted fees, so you will receive cost protection.

Out-of-Network Dentists. These dentists do not offer discounted rates to Delta Dental plan members. If you go to a non-Delta Dental dentist, the plan will pay benefits only up to Delta Dental's approved fee. If your non-Delta Dental dentist charges you more than the approved fee, you will have to pay the difference between that cost and the approved fee. You may also have to pay the full cost of the services at the time you receive them, and then submit a claim to Delta Dental to be reimbursed for the covered portion of your bill.

**Note:** Always request a pretreatment estimate or predetermination of benefits before having major dental work done. Don't be afraid to ask questions! Do not agree to any treatment unless you fully understand what condition is being treated, why it is being treated, and the costs of that treatment. When in doubt, contact your dental plan; you'll find the phone numbers for each plan on the back cover of this guide.

To obtain a list of participating dentists and dental offices, call the plan's Member Services.

Please refer to the individual dental summary plan booklets for detailed lists of covered expenses, exclusions and limitations. If there are any discrepancies between these booklets and the official plan documents, the official plan documents will prevail. Dental summary plan booklets are available by contacting the Benefits Information Line at (951) 955-4981 or visiting http://benefits.rc-hr.com.

#### PLEASE USE THE FOLLOWING FOOTNOTE REFERENCES WITH THE DENTAL PLANS COMPARISON CHART ON THE NEXT PAGE

- 1. You will pay any amount charged by your provider that is in excess of Delta Dental's approved fee.
- 2. You pay the applicable deductible for amalgam (silver) fillings, and the plan pays the remainder up to the allowance for amalgam fillings.
- 3. Applies to standard cases only. Other discounts apply for nonstandard cases.
- 4. The Delta PPO program will pay for an amalgam filling on a molar tooth after you pay the applicable deductible. You will be responsible for the additional costs for precious metals.

Under the Delta Dental PPO plan, you'll notice that the Delta Premier dentists are shown in the same category as out-of-network dentists. That's because the plan reserves the highest level of benefits for services received from Delta Dental PPO providers.

#### **COUNTY DENTAL PLANS COMPARISON CHART**

This benefit summary only highlights your benefits. It is not a Summary Plan Description (SPD). If any discrepancy exists between this benefit summary and the official plan documents, the official plan documents will prevail.

	DELTACARE USA	LOCAL ADVANTAGE EPO PLUS	DELTA DENT	
	HIGH OPTION PLAN (10A)	IN-NETWORK	DELTA DENTAL PPO DENTISTS	PREMIER DENTISTS OUT-OF-NETWORK DENTISTS
Annual deductible	None	None	None	\$50/individual \$150/family
Calendar year maximum benefit	None	\$2,000/person	\$2,000/person	\$1,500/person
DIAGNOSTIC AND PREVE	ENTIVE			
Exams	No charge	No charge	No charge	No charge <sup>1</sup>
Cleaning	No charge	No charge	No charge	No charge <sup>1</sup>
Full-mouth X-rays	No charge	No charge	No charge	No charge <sup>1</sup>
Topical fluoride – child	No charge	No charge	No charge	No charge <sup>1</sup>
Sealants (per tooth)	\$5	No charge (under age 14)	No charge	No charge <sup>1</sup>
RESTORATIVE				
Fillings – amalgam (silver)	No charge	You pay 10%	You pay 10% of the PPO fee	You pay 50% of the PPO fee after the deductible 1
Fillings – composite resin (tooth-colored) for anterior (front) teeth	No charge	You pay 10%	You pay 10% of the PPO fee	You pay 50% of the PPO fee after the deductible 1
Fillings – composite resin (tooth-colored) for posterior (back) teeth	\$45–\$75	When decay is present, you pay the cost difference between amalgam and resin. For cosmetic purposes to replace an alloy/amalgam filling, you pay 50% <sup>2</sup>	Not covered <sup>4</sup>	Not covered <sup>4</sup>
ENDODONTICS				
Single root canal	\$45	You pay 10%	You pay 10% of the PPO fee	You pay 50% of the PPO fee after the deductible 1
Bicuspid root canal	\$90	You pay 10%	You pay 10% of the PPO fee	You pay 50% of the PPO fee after the deductible 1
Molar root canal	\$205	You pay 10%	You pay 10% of the PPO fee	You pay 50% of the PPO fee after the deductible 1
PERIODONTICS				
Periodontal scaling and root planing – four or more teeth/quadrant	No charge	You pay 10%	You pay 10% of the PPO fee	You pay 50% of the PPO fee after the deductible <sup>1</sup>

<sup>1, 2, 3,</sup>  $^4\mathrm{Refer}$  to the box on page 11 for footnote references.

#### **COUNTY DENTAL PLANS COMPARISON CHART**

This benefit summary only highlights your benefits. It is not a Summary Plan Description (SPD). If any discrepancy exists between this benefit summary and the official plan documents, the official plan documents will prevail.

	DELTACARE USA	LOCAL ADVANTAGE EPO PLUS	DELTA DENT	
	HIGH OPTION PLAN (10A)	IN-NETWORK	DELTA DENTAL PPO DENTISTS	PREMIER DENTISTS OUT-OF-NETWORK DENTISTS
CROWNS, BRIDGES AND	IMPLANTS			
Crowns	\$35–\$195	You pay 35%	You pay 40% of the PPO fee	You pay 50% of the PPO fee after the deductible 1
Bridges	\$55–\$195	You pay 35%	You pay 40% of the PPO fee	You pay 50% of the PPO fee after the deductible 1
Implants	Not covered	Not covered	You pay 40% of the PPO fee	You pay 50% of the PPO fee after the deductible 1
PROSTHODONTICS				
Complete upper denture	\$100	You pay 35%	You pay 40% of the PPO fee	You pay 50% of the PPO fee after the deductible <sup>1</sup>
Complete lower denture	\$100	You pay 35%	You pay 40% of the PPO fee	You pay 50% of the PPO fee after the deductible 1
ORAL SURGERY				
Simple extraction	No charge	You pay 10%	You pay 10% of the PPO fee	You pay 50% of the PPO fee after the deductible 1
Impaction	\$25–\$90	You pay 10%	You pay 10% of the PPO fee	You pay 50% of the PPO fee after the deductible 1
COSMETIC				
Veneers	No benefit	You pay 50%	Not covered	Not covered
Teeth whitening	\$125	You pay 50%	Not covered	Not covered
Replacement of existing amalgam filling with composite	Not covered	You pay 50%	Not covered	Not covered
ORTHODONTICS				
Child	\$1,700	You pay \$120 down, \$120/month for 24 months <sup>3</sup>	You pay 50% of the PPO fee	You pay 50% of the PPO fee after the deductible 1
Adult (19 and up)	\$1,900		You pay 50% of the PPO fee	You pay 50% of the PPO fee after the deductible 1
Lifetime maximum benefit	None	None	\$2,000/person	\$1,500/person

<sup>1, 2, 3, 4&</sup>lt;sub>Refer</sub> to the box on page 11 for footnote references.

### **Vision Plan**

To help you maintain good vision, the County of Riverside offers a voluntary vision plan through MES Vision. A voluntary plan is one in which you are responsible for the full cost of the premiums. Because the County is able to leverage its size and negotiate on your behalf, the premiums are lower than what you would pay if you purchased vision coverage on your own.

#### **MEDICAL EYE SERVICES (MES) VISION**

#### **HOW THE PLAN WORKS**

Under this vision plan, you can choose between network and non-network providers—but you will receive a higher level of benefits if you go to a provider in the MES Vision network. MES Vision has the largest network in California and includes the major retail chains like LensCrafters, Walmart, Target and Pearle Vision. To find a provider in your area, you can visit MES Vision online at www.mesvision.com or call (800) 877-6372.

When you go to a network provider, the plan pays the total cost of eye exams, as well as lenses and selected frames. Discounts are also available on lens options (such as ultraviolet protection) and laser eye surgery. If you decide to go to a nonnetwork vision care provider, you will have to pay your entire bill at the time you receive services, and then file a claim with MES Vision. You will be reimbursed for your non-network expenses up to the allowances listed in the chart on the next page. Note: This plan does not require or provide an ID card.

#### WHAT'S COVERED?

The plan covers eye exams, frames, lenses and contact lenses (if you choose contacts instead of eyeglasses) once every 12 months. The plan does not cover sunglasses (prescription or cosmetic), replacements for lost lenses or frames, or postcataract lenses. For more information, contact MES Vision (see page 19 for contact information).

To avoid duplication of coverage, please check to see if your medical plan provides vision benefits.

The MES Vision plan does not require or provide an ID card. Using network providers will save money and be more convenient.

#### **MES VISION PLAN BENEFITS**

Frequency of Services		
Exams	12 months	
Lenses	12 months	
Frames	12 months	
Contacts - Necessary - Elective	12 months 12 months	
Benefit	Network Provider	Non-Network Provider
Eye examinations	100%	Plan reimburses up to \$40
Eyeglass lenses and frames or contact lenses - Single vision lenses - Bifocal lenses - Trifocal lenses - Lenticular lenses	100% 100% 100% 100%	Plan reimburses up to \$40 Plan reimburses up to \$60 Plan reimburses up to \$80 Plan reimburses up to \$125
Frames	100% up to \$120	Plan reimburses up to \$45
Contacts (in lieu of frames and lenses) - Necessary - Elective	100% 100% up to \$105	Plan reimburses up to \$210 Plan reimburses up to \$105



# **Cost of Coverage**

#### MONTHLY PLAN COSTS FOR EARLY RETIREES

The following rates are the total costs for premiums prior to the County contribution. Refer to the County contributions shown on your personalized enrollment form to determine how much the County will contribute toward your medical coverage, and deduct it from the monthly rates listed below.

MEDICAL PLANS FOR RETIREES AND DEPENDENTS WHO ARE UNDER AGE 65 AND NOT ELIGIBLE FOR MEDICARE*		
	2022 Rate	
Exclusive Care EPO		
Retiree only	\$1,384.70	
Retiree plus one dependent	\$2,820.68	
Retiree plus family	\$3,548.38	

<sup>\*</sup> If you or your dependents are OVER age 65 and you are NOT eligible for Medicare, please contact the Benefits Information Line for assistance calculating your rate.

#### MONTHLY COUNTY CONTRIBUTIONS

When you enroll in an Exclusive Care or CalPERS medical plan, either when you retire or during a subsequent Annual Enrollment, the County will make a monthly contribution toward your medical plan premiums. The amount of the contribution is based on the bargaining unit you were in at the time of your retirement. The contributions are the current minimum contribution under the CalPERS health program or the amount listed below for the groups identified.

Bargaining Unit at Retirement	County Contribution
Confidential	\$256
DDAA (Prosecution)	\$256
Elected Officials	\$256
Management	\$256
Unrepresented	\$256
SEIU, LIUNA, RSA Public Safety, LEMU	The CalPERS Minimum Employer Contribution (\$149 for 2022)

#### MONTHLY COSTS FOR MEDICARE-ELIGIBLE RETIREES

Medical Plans for MEDICARE-ELIGIBLE Retirees			
	2022 Monthly Plan Costs		
Exclusive Care Select Medicare Coordination Plan and Combination Rates			
Retiree only, 65 and over with Medicare Parts A and B	\$1,294.12		
Retiree plus one dependent, one over 65 with Medicare Parts A and B	\$2,735.81		
Retiree plus one dependent, both over 65 with Medicare Parts A and B	\$2,588.20		
Exclusive Care Supplement Plan and Combination Rates			
Retiree only	\$644.25		
Retiree and spouse, one with Medicare	\$2,080.24		
Retiree and spouse, both with Medicare	\$1,288.99		

#### **IMPORTANT NOTES**

You and your dependent must be eligible for Medicare to enroll in these plans.

Participants who are under age 65 and are not eligible for Medicare will be enrolled in the Exclusive Care EPO plan. Participants must live within the plan's service area.

The rates listed are the most frequently used rates. Please contact the Benefits Information Line at (951) 955-4981 if:

- You or your dependents are OVER age 65 and you are NOT eligible for Medicare;
- Your specific Medicare status is not listed above; or
- You are not sure what your rate will be.



#### MONTHLY COSTS FOR DENTAL AND VISION COVERAGE

County Dental Plans	
	2022 Monthly Plan Costs
Local Advantage Plus (EPO)	
Retiree only	\$32.26
Retiree plus one dependent	\$61.50
Retiree plus family	\$91.50
Local Advantage Blythe (EPO)	
Retiree only	\$20.98
Retiree plus one dependent	\$32.02
Retiree plus family	\$50.36
DeltaCare USA DHMO – High Option Plan (10A)	
Retiree only	\$20.98
Retiree plus one dependent	\$32.02
Retiree plus family	\$50.36
Delta Dental (PPO)	
Retiree only	\$45.00
Retiree plus one dependent	\$78.00
Retiree plus family	\$115.00
County Vision Plan	
MES Vision	
Retiree only	\$10.17
Retiree plus one dependent	\$19.48
Retiree plus family	\$25.84



# **Contact Information**

С	ONTACT INFORMATION	
Plan	Telephone	Website
Medical		
Exclusive Care (EPO)	(800) 962-1133	www.exclusivecare.com
Exclusive Care Select Medicare Supplement and Medicare Coordination Plans	(800) 962-1133	www.exclusivecare.com
CalPERS Health Benefits Services Division Eligibility and Enrollment Section P.O. Box 942714 Sacramento, CA 94229	(888) 225-7377	www.calpers.ca.gov
Dental		
DeltaCare USA (HMO)	(800) 422-4234	www.deltadentalins.com
Delta Dental (PPO)	(800) 765-6003	www.deltadentalins.com
Local Advantage Plus	(800) 331-5301	http://benefits.rc-hr.com
Vision		
MES Vision	(800) 877-6372	www.mesvision.com
Other Benefits and County Resources		
County of Riverside Benefits Division Benefits Information Line P.O. Box 1569 Riverside, CA 92502	(951) 955-4981; option 1 TTY: 711 Fax: (951) 955-3490 Mon. – Fri. 8:00 a.m. – 5:00 p.m.	http://benefits.rc-hr.com Email: benefits@rivco.org
Voluntary Employee Beneficiary Association (VEBA)	(844) 342-5505	www.healthinvesthra.com
Medicare Information		
Centers for Medicare & Medicaid Services (CMS)	(800) 633-4227 TTY: (877) 486-2048	www.medicare.gov – see the publication "Medicare & You" located at the bottom of the page
Social Security Administration	(800) 772-1213 TTY: (800) 325-0778	www.ssa.gov

