



# Benefits designed with care

Use this guide to review the  
**UnitedHealthcare SignatureValue®**  
**Alliance HMO** plan, learn about  
plan benefits and more



**2023 Open Enrollment**



[uhc.com/calpers](https://uhc.com/calpers)






United  
Healthcare



CalPERS

# Review your Alliance HMO plan option

The UnitedHealthcare SignatureValue Alliance HMO plan emphasizes patient-centered quality care with the goal of keeping you and your family healthier while helping to reduce your health care costs. With this plan, there is no additional cost for preventive care, and you'll have access to on-site, one-stop care. Key details are included in the charts on the next few pages.

Health plan details		SignatureValue Alliance HMO
	<b>Network coverage only</b> You may save money when you receive care for covered benefits from network providers.	✓
	<b>Primary care physician (PCP) required*</b> You and each enrolled person on your plan will need to choose a PCP.	✓
	<b>Referrals required</b> You'll need referrals from your PCP before seeing a specialist or getting certain health care services.	✓
	<b>Pharmacy benefits administered by Optum Rx®</b> You'll be able to order up to a 3-month supply of medications you take regularly and have them delivered right to your home.	✓
	<b>One-stop call resolution</b> You'll have access to a dedicated call center for answers to all of your questions about care, benefits and coverage, including referrals and claims.	✓

## With a PCP, there's a doctor in your corner

Your primary care physician (PCP) is your health guide—someone who can help connect you to the care you need and help you avoid cost surprises. Your health plan option requires you to select a network PCP\*\* for you and each covered family member.

## More good reasons to have a PCP



They know your health history and health goals.



They provide routine care, such as annual checkups, which may help identify potential health issues earlier.



They advise you when to see a specialist and provide referrals if needed.\*\*\*

\* Laws in some states allow you to choose a specialist, like an OB/GYN as your PCP. Sign in to [uhc.com/CalPERS](https://uhc.com/CalPERS) to see the providers in your network.  
\*\* Some health plans may allow you to choose a facility rather than a doctor as your PCP. Some states allow you to choose a specialist, like an OB/GYN, as your PCP.  
\*\*\* Some health plans may require a referral prior to seeing another network physician or specialist.

# It's so easy to connect to your plan

With UnitedHealthcare, you get personalized digital tools that help you check in on your plan whenever you want—which makes it easier to stay on top of your benefit details.



## myuhc.com

### Your online hub for plan details

Built to help you manage your plan 24/7, **myuhc.com®** gives you access to all your plan info in one place, so you can:

- Find and price care
- See what's covered
- View claim details
- Check your plan balances
- Find network doctors



## UnitedHealthcare app

### Your app for on-the-go access

When your health plan's right at your fingertips, you can manage your benefits anytime, anywhere. Download the UnitedHealthcare® app to:

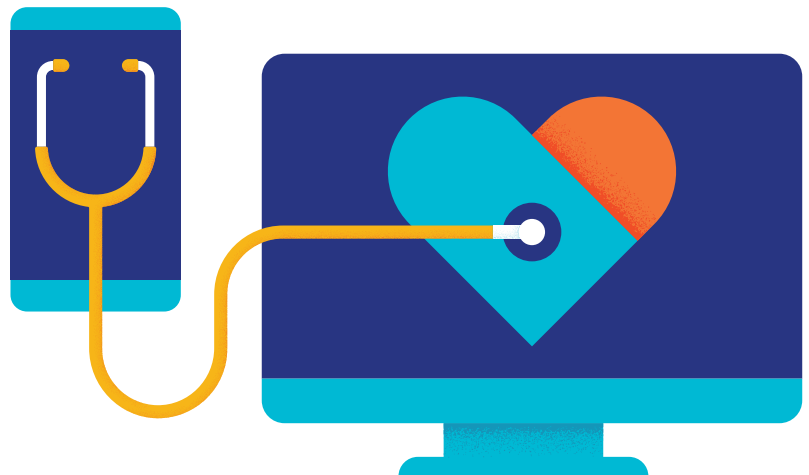
- Find nearby care options in your network
- See your claim details and view progress toward your deductible
- View and share your health plan ID card
- Video chat with a doctor 24/7



### Get answers to your health care questions

Navigating health care is easier when you know who to call. Your UnitedHealthcare Customer Service team is here to help you:

- Improve your health, manage a chronic condition and understand complex medical issues
- Understand how your health plan works
- Get answers about a recent claim or how much you can expect to pay
- Find a network provider, get a new ID card or save on health care costs—and much more
- Call Customer Service at **1-877-359-3714** for help with questions about your health plan and benefits



# Explore more benefits that are part of the plan

UnitedHealthcare's digital tools and online resources help make managing your health—and health plan—easier and more convenient. Here are just a few examples of what's included.



## Real Appeal

### Lose weight, feel great

Connect with a community of support with Real Appeal®, an online weight-loss program designed to inspire healthier behaviors. It includes group coaching sessions, 24/7 access to videos, tools to track your progress and more.



## Maternity Support

### Support throughout pregnancy

If you're thinking about having a baby, or already have one on the way, maternity support is here for you. Get access to resources and tools to help you throughout pregnancy and after delivery. To enroll, visit [myuhc.com](https://myuhc.com).



## Rally

### Rewards for well-being

Have fun and get healthier with Rally®. Get personalized support to help you achieve your health goals, join Missions and complete activities to earn Rally Coins that you can use for a chance to win rewards.



## UnitedHealthcare Hearing

### Hear life to the fullest

Access 2,000+ name-brand models and styles of hearing aids at significant savings through UnitedHealthcare Hearing. Choose virtual care with hearing aid home delivery or in-person care at more than 5,500 hearing providers nationwide.



## Quit For Life

### Quit tobacco for good

If you're ready to quit tobacco, Quit For Life® can help. You'll get 1-on-1 support, a quit guide, access to a members-only website, help deciding if medication is right for you and, if you qualify, nicotine-replacement therapy.



## Nurse Line

### Chat with a nurse anytime

Call **1-800-370-3526**, TTY **711**, to reach a nurse 24 hours a day, 7 days a week. For international callers: **1-866-592-2365**.



## 24/7 Virtual Visits

### Get care, virtually anywhere

With 24/7 Virtual Visits, you can chat with a health care provider by computer or mobile device.\* Doctors can diagnose and treat common, nonemergency conditions—from seasonal flu to pinkeye.



## Behavioral Health

### Support for emotional well-being

Receive confidential support for everyday challenges or more serious issues. Find the care that works for you using self-service apps or scheduling virtual or in-person therapy.

\* Data rates may apply.

# Review your plan coverage details

Once you've enrolled, your PCP will be your first source for care and can coordinate any specialty care you may need. Age-appropriate preventive care services are covered for routine wellness exams, well-child exams, mammograms, flu shots and other immunizations when provided through your PCP.

Health plan details	SignatureValue Alliance HMO
<b>Medical copays and coinsurance</b>	<b>You pay</b>
<b>Deductible</b>	
Employee	N/A
Family	N/A
<b>Out-of-pocket limit</b>	
Employee	\$1,500
Family	\$3,000
<b>Lifetime maximum</b>	Unlimited
<b>Doctors and specialists</b>	
Doctor visit	\$15 copay
Specialist visit	\$15 copay
Chiropractic/acupuncture	\$15 copay
Virtual Visits	\$15 copay
<b>Preventive care</b>	
Well-child visits	No charge
Mammogram	No charge
Immunizations	No charge
Annual physical	No charge
<b>Urgent and emergency care</b>	
Urgent care visit	\$15 copay
Emergency room	\$50 copay
Ambulance	No charge
<b>Hospital care</b>	
Outpatient surgery	No charge
Lab and X-ray	No charge
Hospital stay	No charge
Maternity stay	No charge
<b>Mental health and substance use</b>	
Outpatient visits	\$ 15 copay
Inpatient visits	No charge
<b>Prescription drugs (offered through Optum Rx)</b>	<b>You pay</b>
<b>Retail pharmacy</b>	
Generic	\$5
Brand formulary	\$20
Non-formulary	\$50
<b>Mail-order pharmacy</b>	
Generic	\$10
Brand formulary	\$40
Non-formulary	\$100



# Search the Alliance HMO network to find your PCP

The Alliance HMO plan requires you to select a PCP for you and each family member covered under your plan. Your PCP is your health guide—someone who can help connect you to the care you need and help you avoid cost surprises. Go to [uhc.com/CalPERS](https://uhc.com/CalPERS) to browse network PCPs.

## Enjoy freedom of choice

The medical groups in the Alliance HMO network have been selected for their technology and consistent level of quality care. Choose from 35,281 physicians and 258 hospitals.<sup>1</sup> The SignatureValue Alliance network includes these physician groups:

	AppleCare Medical Group		Memorial Care Medical Group
	Brown & Toland Physicians		Monarch HealthCare Medical Group
	Coastal Communities Physicians Network		Optum Care Network
	EPIC Health Plan		PrimeCare Medical Network, Inc.
	Greater Newport Physicians		Santé Community Physicians
	Heritage Provider Network		Scripps Clinic
	Hill East Bay Alliance		Sutter Health



# Participating medical groups\*

Group name	Group #
<b>Alameda County</b>	
Brown and Toland Physicians – East Bay	028466
Hill Physicians East Bay	028669
Palo Alto Medical Foundation	012140
Sutter East Bay Medical Foundation	020637
Sutter East Bay Medical Foundation – Diablo Division	024058
<b>Contra Costa County</b>	
Hill Physicians East Bay	028669
Sutter East Bay Medical Foundation – Diablo Division	024058
<b>Fresno County</b>	
Santé Community Physicians	016405
Santé Community Physicians	016406
<b>Kern County</b>	
Bakersfield Family Medical Group	004209
Heritage Physician Medical Group	007665
<b>Kings County</b>	
Santé Community Physicians	016405
Santé Community Physicians	016406
<b>Los Angeles County</b>	
AppleCare Medical Group Downey	015967
AppleCare Medical Group Select	025327
AppleCare Medical Group St Francis	014692
AppleCare Medical Group Whittier	021736
Chaffey Medical Group	027892
Fenix Medical Group	029490
Heritage High Desert	3804
Heritage Provider Network	12977
Korean American Medical Group	019863
Lakeside Medical Group Central – Burbank/N Hollywood (Heritage)	24664
Lakeside Medical Group Central – Central Valley (Heritage)	24670
Lakeside Medical Group Central – Glendale (Heritage)	24662
Lakeside Medical Group Central – N Valley (Heritage)	24671

Group name	Group #
<b>Los Angeles County (cont.)</b>	
Lakeside Medical Group Central – Santa Clarita (Heritage)	24677
Lakeside Medical Group Central – Verdugo Hills (Heritage)	24681
Lakeside Medical Group East – Glendora (Heritage)	24674
Lakeside Medical Group East – Pomona (Heritage)	24679
Lakeside Medical Group East – San Gabriel Valley (Heritage)	24686
Lakeside Medical Group East – West Covina (Heritage)	24675
Lakeside Medical Group West – Agoura Hills (Heritage)	24672
Lakeside Medical Group West – Tarzana (Heritage)	24684
Lakeside Medical Group West – West Hills/Canoga Park (Heritage)	24683
Optum Care Network – Arcadia	028404
Optum Care Network – Burbank/Glendale	028401
Optum Care Network – East LA	028399
Optum Care Network – East West	028411
Optum Care Network – Long Beach	028454
Optum Care Network – LA County	028393
Optum Care Network – Lcom	028436
Optum Care Network – Montebello	028388
Optum Care Network – Northridge	028416
Optum Care Network – Pasadena	028410
Optum – Magan Medical Clinic	028445
Optum – Pasadena Main	028391
Optum – San Gabriel	028764
Optum Care Network – San Dimas	028419
Optum Care Network – SGV	028422
PrimeCare Medical Group Chino Valley	004661
Regal Medical Group Burbank-Glendale	017556
Regal Medical Group Central Valley	012410
Regal Medical Group Covina	017778
Seoul Medical Group, Inc	019881

\*For the most up-to-date listing of participating medical groups near you, visit [uic.com/CalPERS](https://uic.com/CalPERS) or call our customer service team at 1-877-359-3714.



## Participating medical groups\* (continued)

Group name	Group #
<b>Los Angeles County (cont.)</b>	
Regal Medical Group Downey	017547
Regal Medical Group East San Gabriel Valley	017555
Regal Medical Group Glendale Physicians Association	023187
Regal Medical Group Long Beach	017552
Regal Medical Group Los Angeles	014163
Regal Medical Group San Gabriel Valley	014888
Regal Medical Group St. Francis	017551
Regal Medical Group West Valley	017554
Regal Medical Group Whittier	017550
Sierra Clinic	023023
Sierra IPA	023025
Sierra Medical Group Santa Clarita	029357
<b>Madera County</b>	
Santé Community Physicians	016405
Santé Community Physicians	016406
<b>Marin County</b>	
Brown & Toland Medical Group	026920
<b>Merced County</b>	
Sutter Gould Medical Foundation/ Gould Medical Group	029365
<b>Orange County</b>	
ADOC Fountain Valley	025400
ADOC Los Alamitos	025401
Edinger Medical Group	026621
Greater Newport Physicians – Long Beach	026678
Greater Newport Physicians – Orange Coast	026695
Greater Newport Physicians – Saddleback	025679
Memorial Care Medical Group	025679
Monarch HealthCare	021963
Optum Care Network – Arta Health	029878
Optum Care Network – Orange County	028427
Optum Care Network – South Coast	028461
Regal Medical Group Caduceus	019793
Seoul Medical Group Orange County	029550
Regal Medical Group Orange County	018831
<b>Placer County</b>	
Sutter Independent Physicians	005204
Sutter Medical Foundation/ Sutter Medical Group	005200

Group name	Group #
<b>Riverside County</b>	
Beaver Medical Group	027825
Desert Oasis Healthcare	021796
Family Seniors Medical Group	014899
Hemet Community Medical Group	014586
Menifee Valley Community Medical Group	015031
PrimeCare of Citrus Valley	021243
PrimeCare of Corona	005232
PrimeCare of Hemet Valley	009023
PrimeCare of Moreno Valley	003111
PrimeCare of Riverside	008331
PrimeCare of Sun City	004140
PrimeCare of Temecula	006657
Redlands – Yucaipa Medical Group	027828
Regal Medical Group Riverside	021553
Regal Medical Group Temecula	020950
Temecula Valley Physicians Medical Group	021941
Tri-Valley Medical Group	026432
Valley Physicians Network	026405
<b>Sacramento County</b>	
Sutter Independent Physicians	005204
Sutter Medical Foundation/ Sutter Medical Group	005200
<b>San Bernardino County</b>	
Alliance Desert Physicians	024628
Beaver Medical Group	027825
Chaffey Medical Group	027892
Fenix Medical Group	029490
Lakeside Medical Group East – Pomona	024679
Pinnacle Medical Group	027850
PrimeCare of Inland Valley	006045
PrimeCare of Redlands	001026
PrimeCare of San Bernardino	019383
Redlands – Yucaipa Medical Group	027828
Regal Medical Group APSI	020670
Regal Medical Group Chino Hills	017553
Regal Medical Group San Bernardino	020668
Sierra Medical Group – Santa Clarita	029357
VVIPA Medical Group	028857

\*For the most up-to-date listing of participating medical groups near you, visit [uhc.com/CalPERS](http://uhc.com/CalPERS) or call our customer service team at 1-877-359-3714.

## Participating medical groups\* (continued)

Group name	Group #	Group name	Group #
<b>San Diego County</b>		<b>Stanislaus County</b>	
Mercy Physicians Medical Group – Scripps Care Affiliate	026282	Sutter Gould Medical Foundation/ Central Valley Medical Group	029354
Primary Care Associates Medical Group – Scripps Care Affiliate	026443	Sutter Gould Medical Foundation/ Gould Medical Group	029350
Rady Childrens Health Network	028561	Sutter Gould Medical Foundation/ Gould Medical Group	029358
Scripps Clinic	003682		
Scripps Coastal Medical Center	023659	<b>Ventura County</b>	
Scripps Physicians Medical Group	005375	Lakeside Medical Group Simi Valley	024682
<b>San Francisco County</b>		Lakeside Medical Group Thousand Oaks	024678
Brown & Toland Medical Group	026920	Regal East Ventura County	021557
PAMF Mills Peninsula	005200	Regal West Ventura County	022251
Sutter Pacific Medical Foundation Sutter West Bay Medical Group	32247	<b>Yolo County</b>	
<b>San Joaquin County</b>		Sutter Medical Foundation	009695
Sutter Gould Medical Foundation/ Gould Medical Group	029361		
Sutter Gould Medical Foundation/ Gould Medical Group	029356		
Sutter Gould Medical Foundation/ Gould Medical Group	029364		
<b>San Luis Obispo County</b>			
Coastal Communities Physician Network	028856		
<b>San Mateo County</b>			
Brown & Toland Medical Group	28087		
Mills Peninsula Medical Group	025525		
Palo Alto Medical Foundation	024896		
<b>Santa Clara County</b>			
Palo Alto Medical Foundation	012140		
Palo Alto Medical Foundation	023856		
Silicon Valley Medical Dev	031727		
<b>Santa Cruz County</b>			
Palo Alto Medical Foundation	023859		
<b>Solano County</b>			
Sutter Medical Foundation/ Sutter Medical Group	024365		
<b>Sonoma County</b>			
Sutter Pacific Medical Foundation/ Sutter Medical Group of The Redwoods	024624		

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# Now you're ready to roll

## Review your option(s)

Now that you've had some time to review all the details, you're ready to enroll in the plans that fit you best.

## Get ready for coverage to begin

While waiting for your plan's start date, you can search the network for providers near you at [uhc.com/CalPERS](https://uhc.com/CalPERS).

## Say hello to your benefits

Watch the mail for your welcome kit and health plan ID card—then go to [myuhc.com](https://myuhc.com) and download the UnitedHealthcare app to stay connected.



## An easier way to get the most out of your benefits

Throughout the plan year, you can sign in to [myuhc.com](https://myuhc.com) and use the UnitedHealthcare app to see what's covered, view average costs, find network providers and more.

# We're here to help

Get even more info about your option(s)

[uhc.com/CalPERS](https://uhc.com/CalPERS)

1-877-359-3714, TTY 711

# United Healthcare

<sup>1</sup> Network counts accurate as of April 2022.

Rally® Health provides health and well-being information and support as part of your health plan. It does not provide medical advice or other health services, and is not a substitute for your doctor's care. If you have specific health care needs, consult an appropriate health care professional. Participation in the health survey is voluntary. Your responses will be kept confidential in accordance with the law and will only be used to provide health and wellness recommendations or conduct other plan activities.

Virtual Visits phone and video chat with a doctor are not an insurance product, health care provider or a health plan. Unless otherwise required, benefits are available only when services are delivered through a Designated Virtual Network Provider. Virtual Visits are not intended to address emergency or life-threatening medical conditions and should not be used in those circumstances. Services may not be available at all times, or in all locations, or for all members. Check your benefit plan to determine if these services are available.

Real Appeal® is a voluntary weight loss program that is offered to eligible participants as part of their benefit plan. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical and/or nutritional advice. Participants should consult an appropriate health care professional to determine what may be right for them. Any items/tools that are provided maybe taxable and participants should consult an appropriate tax professional to determine any tax obligations they may have from receiving items/tools under the program.

The UnitedHealthcare® app is available for download for iPhone® or Android®. iPhone is a registered trademark of Apple, Inc. Android is a registered trademark of Google LLC.

Laws in some states allow you to choose a specialist, like an OB/GYN, as your PCP. Sign in to [uhc.com/CalPERS](https://uhc.com/CalPERS) to see the providers in your network.

Health plan coverage provided by or through UnitedHealthcare Insurance Company, UHC of California and UnitedHealthcare Benefits Plan of California. Administrative services provided by United Healthcare Services, Inc., OptumRx or OptumHealth Care Solutions, Inc. Behavioral health products are provided by U.S. Behavioral Health Plan, California (USBHPC).

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