

VEHICLE THEFT PREVENTION

August 2022

Newsletter

This July, the U.S. Department of Transportation's National Highway Traffic Safety Administration (NHTSA) is continuing its annual Vehicle Theft Prevention Campaign during National Vehicle Prevention Month. In 2020 alone, more than three quarters of a million motor vehicles were stolen in the United States, costing vehicle owners more than \$7 billion. Motor vehicles include passenger cars, trucks, and multipurpose vehicles. Review these 2020 statistics on vehicle theft in the United States and NHTSA's tips on keeping your vehicle safe.

- ◆ Passenger cars made up more than 74% of all stolen motor vehicles.
- ◆ Only 56.4% of all stolen motor vehicles were recovered.
- ◆ There were 804,400 motor vehicles stolen. This is an 11.8% increase from 2019.
- ◆ A motor vehicle was stolen every 39 seconds.



TAKE ACTION!

 Here are ways you can help prevent motor vehicle theft.

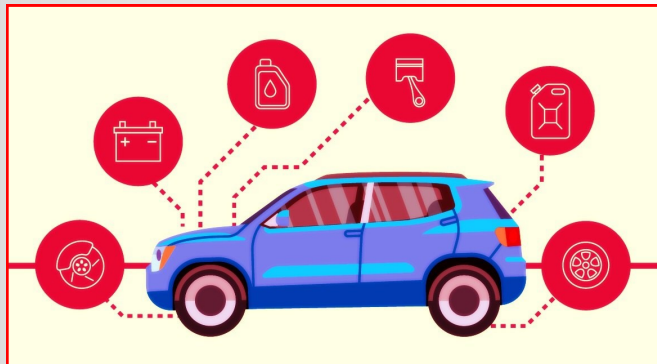
- Park in well-lit areas.
- Close and lock all windows and doors when you park.
- Hide valuables out of sight, such as in the glove box or trunk.
- Do not leave your keys in your vehicle.
- Do not leave the area while your vehicle is running.

Top 3 states with the most vehicles stolen in 2019 (as provided by the FBI's National Crime Information Center):

- 1) California
- 2) Florida
- 3) Texas

For more information on motor vehicle theft prevention, visit [NHTSA.gov/theft](https://www.nhtsa.gov/theft) . For additional resources, visit the FBI's [Motor Vehicle Theft Page](#) .

Why Vehicle Maintenance is Important



The County of Riverside has invested thousands of dollars in our vehicles, so we as driver’s need to be sure to maintain these vehicles properly. There are many reasons to take regular vehicle maintenance seriously.

Extend the Life of Your Vehicle: Just by following the regular maintenance schedule, you can keep several vehicle problems at bay. When you are traveling in your vehicle, the last thing you want is a car breakdown. Keeping up with the regular maintenance schedule can help by preventing costly repairs of the cooling system, transmission system, drivetrain and other components. Preventive car care reduces wear and tear of the engine and other components that extend the life of our vehicle. It also increases the resale value of our vehicles when they are sold.

Increased Safety: A car break down, in traffic on a busy road or leaving you stranded in a remote area, can be a dangerous situation. You can never predict what may happen when you are stranded on the side of a road. Regular maintenance reduces the probability of a car breakdown and ensures your car will be more reliable and safer to operate. Having properly trained technicians checking the tire’s age, tread depth and air pressure regularly is important for your vehicle to operate safely. It also plays an important role in ensuring a comfortable ride on the road.

Reduced Repair Costs: Regular maintenance doesn’t cost much but unexpected repairs and replacements can be expensive. Engine and other components don’t fail without a reason. When you neglect maintenance, it gives way to minor problems developing that can become major with continued neglect of vehicle maintenance. Regular maintenance of your vehicle gives the technician an opportunity to check for signs of minor problems like cracks, leaks, as well as excessive wear and tear due to friction. If the technician is able to identify these concerns early and perform repairs, the cost will be significantly less. Vehicle maintenance extends the longevity of the engine and other components and reduces the need for an early replacement.

Example of Fleet Services Service/Inspection list.

- Change Engine Oil and Filter
- Air Filter
- Check Tire Pressure.
- Check tire tread depth and DOT date codes.
- Check Brakes- Verify brake material thickness
- Parking Brake
- Belts/Hoses
- Chassis- Check chassis and suspension for damage/wear.
- HVAC - Check A/C and Heater operation
- Coolant
- Transmission
- Differential
- Windshield Wiper Blades
- Windshield washer fluid level.
- Check battery and cables
- Lights - Check headlights, turn signal, clearance lights.
- Fire Extinguisher- inspect proper charge and expiration date
- License Plates - Check front and rear.

AIR QUALITY AND PARTICULATE MATTER

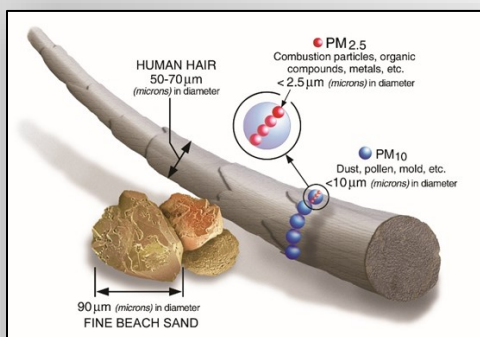
In response to the dangerous air quality levels following wildfires in California, the California Division of Occupational Safety and Health (Cal/OSHA) has implemented a regulation addressing hazardous wildfire smoke exposure to protect outdoor workers from unhealthy air quality.

What is considered “Unhealthy air quality?”

When particulate matter (PM2.5) levels exceed an air quality index of 151 (unhealthy for everyone), at this point, employers are required to implement methods to protect their employees from exposure.

What is Particulate Matter?

Particulate matter (particle pollution) is a mixture of solid particles and liquid droplets in the air. Some particles, such as dust, dirt, soot, or smoke, are large or dark enough to be seen with the naked eye. Others, however, are so small they can only be detected using an electron microscope.



Why is Particulate Matter so unhealthy?

PM 2.5 is matter that is 2.5 microns (or micrograms) in diameter (about 4% that of an average human hair follicle!). Unlike larger ones, particles of this size are of concern because when inhaled, they can lodge deep in the body’s respiratory tract, even the bloodstream. So, in addition to coughing, watery eyes, and scratchy throat, this can increase one’s susceptibility to lung cancer, heart attacks, strokes, arteriosclerosis, atherosclerosis, and other health complications beyond the respiratory system.

How do I know when the air quality is poor?

Fortunately, this information is accessible online 24/7 at www.airnow.gov. The site is simple to use and easily accessible.

#1 Type in your Zip Code, City, or State in the field

ZIP Code, City, or State
Riverside, CA
Metro Riverside CO Reporting Area

Current Air Quality 9 AM PDT Jul 7
38 NowCast AQI | PM2.5 **2**

#2 Check the PM 2.5 levels (38 at the time of input).

Air Quality Guide for Particle Pollution

Harmful particle pollution is one of our nation's most common air pollutants. Use the chart below to help reduce your exposure and protect your health. For your local air quality forecast, visit www.airnow.gov

Air Quality Index	Who Needs to be Concerned?	What Should I Do?
Good (0-50)	It's a great day to be active outside	
Moderate (51-100)	Some people who may be unusually sensitive to particle pollution.	<p>Unusually sensitive people: Consider reducing prolonged or heavy exertion. Watch for symptoms such as coughing or shortness of breath. These are signs to take it easier.</p> <p>Everyone else: It's a good day to be active outside.</p>
Unhealthy for Sensitive Groups (101-150)	Sensitive groups include people with heart or lung disease, older adults, children and teenagers.	<p>Sensitive groups: Reduce prolonged or heavy exertion. It's OK to be active outside, but take more breaks and do less intense activities. Watch for symptoms such as coughing or shortness of breath.</p> <p>People with asthma should follow their asthma action plans and keep quick relief medicine handy.</p> <p>If you have heart disease: Symptoms such as palpitations, shortness of breath, or unusual fatigue may indicate a serious problem. If you have any of these, contact your health care provider.</p>
Unhealthy (151-200)	Everyone	<p>Sensitive groups: Avoid prolonged or heavy exertion. Consider moving activities indoors or rescheduling.</p> <p>Everyone else: Reduce prolonged or heavy exertion. Take more breaks during outdoor activities.</p>
Very Unhealthy (201-300)	Everyone	<p>Sensitive groups: Avoid all physical activity outdoors. Move activities indoors or reschedule to a time when air quality is better.</p> <p>Everyone else: Avoid prolonged or heavy exertion. Consider moving activities indoors or rescheduling to a time when air quality is better.</p>
Hazardous (301-500)	Everyone	<p>Everyone: Avoid all physical activity outdoors.</p> <p>Sensitive groups: Remain indoors and keep activity levels low. Follow tips for keeping particle levels low indoors.</p>

All employees and their household members will have access to Anthem EAP services.

Anthem EAP offers increased access to provider locations near you. Whether you're struggling to find child care, plan for retirement, financial or legal assistance, or cope with addiction, Anthem EAP can help.

24/7, 365 days a year - Unlimited access to tele-phonetic guidance, consultation, referral and support services Up to 6 counseling sessions face-to-face, by phone, or virtually via LiveHealth Online, - per incident - **at no cost to you**

- **Get Support you need at (833)954-1067**
- **Access EAP online at AnthemEAP.com**
- **Member Login: PRISM**

About Your Services

EAP is your resource for assistance with managing problems at home and at work. EAP provides you and eligible family members with a no-cost, confidential and user-friendly resource for life management concerns such as:

- Emotional and mental health well-being
- Maintaining a healthy life style
- Successful communication
- Alcohol and drug abuse
- Relationship issues
- Legal concerns
- Financial concerns
- Dependent adult care
- Childcare needs
- Everyday concerns and resources

Confidentiality

Your EAP is a professional and confidential service. All contact with EAP is confidential in keeping with federal and state laws and professional guidelines.

Telephone Consultations: EAP provides 24 hour, 7 day a week toll free telephone access to licensed mental health professionals for consultation, information, assistance and resources for a variety of concerns.

Face - to - Face Counseling Visits: EAP provides you and eligible family members with access to professional mental health providers near your work or home to assist with many concerns. Please call EAP at 833-954-1067 and our consultants will assist you and family members with accessing services.

Legal Services: EAP provides consultations with a legal professional. You and eligible family members can call EAP and request one 30 minute in-person or telephonic consultation, per separate issue, with a network attorney at no cost to you. If you choose to continue working with the attorney, continued services are offered at a discounted rate from the attorney's usual hourly rate. Examples of services include:

- Divorce/custody
- Criminal concerns
- Civil issues
- Estate planning

And more....

The National Suicide Prevention Lifeline is now: 988 Suicide and Crisis Lifeline

